

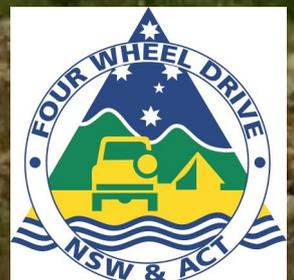


# Central Coast 4WD Club



**SEPTEMBER 2022**

**Issue No 482**



## COMMITTEE

### **President**

Pete Robinson—0400 759 693

[president@cc4wdc.org.au](mailto:president@cc4wdc.org.au)

### **Vice President**

Jackie Robinson—0401 864 070

[vicepresident@cc4wdc.org.au](mailto:vicepresident@cc4wdc.org.au)

### **Secretary and Public Officer**

Glenn Turnbull—0438 317 073

[secretary@cc4wdc.org.au](mailto:secretary@cc4wdc.org.au)

### **Membership Officer**

Libby Finemore—0402 100 062

[membership@cc4wdc.org.au](mailto:membership@cc4wdc.org.au)

### **Treasurer**

Michelle Edwards—0408 493 522

[treasurer@cc4wdc.org.au](mailto:treasurer@cc4wdc.org.au)

### **Magazine Editor**

[editor@cc4wdc.org.au](mailto:editor@cc4wdc.org.au)

### **Trip Master**

Lachy Thomas—0403 083 191

[tripmaster@cc4wdc.org.au](mailto:tripmaster@cc4wdc.org.au)

### **Public Relations**

Dave Edwards—0418 605 445

[publicity@cc4wdc.org.au](mailto:publicity@cc4wdc.org.au)

## SUB COMMITTEE

### **Assistant Treasurer**

Alison Wallace

### **Quarter Master**

Peter Glendinning—0407 201 120

### **Merchandising**

Sean Du Toit—0414 158 412

### **DTU Officer**

Mark Roper—0420 976 784

[dtu@cc4wdc.org.au](mailto:dtu@cc4wdc.org.au)

### **Raffle Coordinator**

Joyce Hollins—4392 3878

### **Lease Manager**

Ken McDonald—0423 411 830

### **Social Coordinator**

### **Association Delegate**

Jackie Robinson—0401 864 070

### **Assistant Association Delegate**

Jane Savage

## CLUB MONTHLY MEETINGS

Club meetings are held on the SECOND THURSDAY of each month at The Entrance Leagues Club, 3 Bay Village Drive, Bateau Bay at 8 pm. Visitors welcome! There is no meeting in January each year.

## COMMITTEE MEETINGS

Committee meetings are held via Zoom on the SECOND MONDAY *after* the general meeting. All welcome to attend. Contact the President for the Zoom meeting link.

## MAGAZINE INFORMATION

ALL articles and photos are welcomed by the editor and can be emailed to [editor@cc4wdc.org.au](mailto:editor@cc4wdc.org.au) Please ensure that your articles and trip reports are sent to the editor as soon as possible so they can appear in the next magazine. **The cut off date for production is the last Thursday of each month**

## CLUB POSTAL ADDRESS

CC4wd Club  
PO Box 4354  
LAKEHAVEN NSW 2263

## CLUB WEBSITE

[www.cc4wdc.org.au](http://www.cc4wdc.org.au)

## WEBMASTER

Steve Farmer

[webmaster@cc4wdc.org.au](mailto:webmaster@cc4wdc.org.au)

## CLUB PHONE NUMBER

**0423 008 628**

The Central Coast Four Wheel Drive Club is a member of the Four Wheel Drive NSW & ACT Association [www.4wdnow.com](http://www.4wdnow.com)

## ISSUE NO 482 - September 2022

The opinions expressed in this magazine are not necessarily those of the club.



# PRESIDENTS REPORT

August is over and ending the Winter season. August also brought the clubs AGM and some new committee members. Faye Goodman stood down from the Presidents role and from the committee that she has been involved with, occupying various positions for the last 7 years. I have taken over the role as President of our club and our Vice President is now Jackie Robinson, replacing Damien Erickson. We also have a new Secretary, Glenn Turnbull, replacing Narelle Stokes. Glenn has a background in IT, and will also be looking after the clubs website. Lachy Thomas has taken over the role of Trip Master and we are still looking to fill the position of Magazine Editor. Dave Edwards has come on board as our Public Relations officer and Jane Savage our Assistant Association representative.

The rest of the committee remains the same with Michelle Edwards as the Treasurer, Libby Finmore the Membership Officer, Pete Glendinning the Quartermaster, Mark Roper DTU, Alison Wallace as Assistant Treasurer, Joyce Hollins as Raffle Co-ordinator, Sean Du Toit our Purchasing and Merchandising Officer, Ken and Yvonne McDonald the Lease managers, Steve Farmer the Webmaster and Jacky Robinson remains the Association Delegate.

Again, I'd like to thank Faye, the previous President and Damien Erickson, the outgoing Vice President for leading the club through a time of uncertainty and path of the unknown during the whole Covid crisis. In the early stages of lockdowns and inability to meet face to face and conduct any trips or any travel, Zoom had proved to fill a vital gap in all organisations. Being either for commercial or voluntary groups such as our club, to keep members up to date with general club activities and planning for when travel was again permitted. On behalf of all the members, I thank you and all the committee members for leading us through this time. We all know that Covid is still with us and to keep reducing the impact it has on us all. Also a thank you too Narelle Stokes for your time and commitment as the club Secretary and Claire Campbell for your time and commitment as the Magazine editor.

Now that Spring is upon us and leaving all the winter blues behind, I am looking forward like everyone to get out on some trips again, be it day trips or time away camping. There are a few trips planned between now and the end of the year and look forward to seeing more being organised.

We had our first Committee meeting and it was the first face to face meeting in a long while. All the committee were supportive of returning to face to face meetings for future committee meetings at The Entrance Leagues Club, where a small meeting room was provided for us.

A few ideas were discussed, and one in particular involves the creation of a survey to gauge your thoughts and ideas to involve all in the planning of future trips and events. Mainly, the types of trips and events, that you, as a member would like to do, or like to be involved in. This will be done in the coming months. Looking forward to seeing everyone at the September meeting.

Thanks.

Pete Robinson.

# From The VP



From a personal perspective, it has been great to be more involved in the club as part of the committee, and I look forward to increasing activities face to face going forward.

Faye has navigated the club through the most challenging few years with restrictions, no trips or events, and the clubs transition to online and zoom, no mean feat. She has steered the club into a great financial position and assisted the new committee's transition quickly, with comprehensive handovers and tip sheets for the computer luddites such as myself.

The new committee has benefitted from the experience of those continuing in their roles, with a buzz of excitement for things to come, and ideas in which to engage with current members more. We are one of the biggest clubs in NSW, part of the Hunter area Association of clubs, with a great landscape in which to wamble and explore. We hope to hear about what others in our club would like to see and do in the coming year, as mentioned by our President Pete.

Jack Robinson

**Next General Meeting**  
**September 8th, 2022 at 8pm**  
**The Entrance Leagues Club**  
**3 Bay Village Road Bateau Bay**



Or you can attend by Zoom if you wish!

Zoom meetings are free and you can join from your computer, phone, iPad or other tablet.

If you are joining by phone you will need to get the Zoom app before you can join a Zoom meeting.

- For iPhone or iPad, go to the App Store.
- For other phones or tablets, go to the Google Play Store  
The app you need is called ***“Zoom Cloud Meetings”***

Once you have the app, click on the meeting link below to join a meeting.

If you are joining from your computer, you can just click on the meeting link below and follow the instructions on your screen

**[Click here to join](#)**

***Zoom etiquette : Please remember to remain on mute unless you are the one speaking***

# Central Coast 4WD Club General Meeting

THURSDAY AUGUST 11, 2022 - THE ENTRANCE LEAGUES CLUB & ZOOM

**Start time:** 8.04pm

**Attendees:** As per attached attendance record

**Apologies:** Bev Douglass, Mark Roper, Paul Fisher, Cherie, Alan Booth, Scott Horne, Joyce

**Visitors:** As per attached attendance record

## Minutes of the previous meeting:

**Motion:** That the minutes for the General Meeting held on 14th July 2022 as published in the magazine be accepted.

**Moved:** Gerry Donaldson

**Seconded:** Jackie Robinson

**Action:** Carried

## Secretary's Report: Narelle Stokes

No report tonight as Narelle had to attend a funeral.

## Treasurer's Report: Michelle Edwards

Michelle presented the following report at the General Meeting to be captured in the meeting minutes and printed in the monthly magazine

Deposits: \$ 3,330.90

Monthly Expenditure: \$ 537.88

Account balance: \$ 25,662.11

Investment: \$ 10,352.95

**Motion:** That the Treasurer's report as presented at the meeting and reported above will be accepted.

**Moved:** Shane Tapscott

**Seconded:** Liz Thomas

**Action:** Carried

## Bills for payment:

Who	What	Amount
Trophy World	Keyrings	\$88.00
Irwins Fuel	Fuel	\$73.90
Lachy Thomas	Christmas in July	\$452.50
Onya Visuale	Merchandise	\$503.80

**Motion:** That the Bills for payment as presented at the meeting and reported above will be accepted.

**Moved:** Bev Fort

**Seconded:** Frank Adams

**Action:** Carried

## Membership Officer Report: Libby Finemore

New Members:

Full name	What car they drive

Membership presentations:

(5/10/15 etc years memberships)

Full Name	How many years?
Shane Tapscott	10

## Vice Presidents Report: Damien Erickson

No report

## Editor's Report: Claire Campbell

Claire advises to keep the trip notices and trip reports coming. If anyone has any packing and planning tips you swear by before going on a trip, or any camping recipes, please email them through to me at [editor@cc4wdc.org.au](mailto:editor@cc4wdc.org.au)

## Assistant Treasurer's Report: Alison Wallace

No report

## Lease Manager's Report: Ken McDonald

Nothing to report.

## DTU Report: Dave Edwards

Stage one this Sunday – still 2 positions available. See Dave Edwards or contact Mark.

## Merchandise Report: Sean Du Toit

General bits and pieces available—stickers available

## Raffles: Barry

Prizes tonight – towels, vouchers, fire blanket, “Partner persuader”

## QuarterMaster Report: Peter Glendinning

No report

## Public Relations:

No report

## NSW/ACT Association: Jackie Robinson

Ad in the Magazine this week regarding AdBlue

There is going to be a meet & greet for Association members in the Casuarina Campground – see Jackie if interested.

## General Business:

Freebies available from the 4WD Association

## Social Activities:

### Items for Sale:

- Camper Trailer & Boat—Jane Savage
- Shower tent, Omricon radio, 2.5 m awning free—Jackie Robinson
- Prado roof rack

## Trip Masters Report:

Lachy Thomas

## Trip Reports:

Christmas in July—was a great weekend. Big thanks to Lachy for organizing

## Upcoming Trips:

Month	Where
Dec / Jan 2023	Victorian Highlands
August	Bush First Aid
September	Sandbar Beach weekend
November	Club Christmas party weekend
November	Western Wollemi
December	Brooms Head

## Piston Broke Trophy: It has finally been returned!

Congrats to Lachy Thomas for breaking the turbo

## Legend of the Month:

Lachy Thomas for his great work for the Christmas in July

## Fun Fines:

Fines for no badges—and now we take Eftpos for fines!!!

## Final Notes:

- The Committee meeting will be held on (insert date) via Zoom (unless a physical location is specified)  
Contact Faye for details - all welcome to attend.
- The next General Meeting will be held on 11 August at the Entrance Leagues Club and on Zoom.

Meeting closed at 8.45pm

Minutes by Allison Wallace

President Faye Goodman

# Central Coast Four Wheel Drive Club Inc.

## Annual General Meeting Minutes

Thursday 11 August 2022 at 9pm

**Held at:** The Entrance Leagues Club, 3 Bay Village Drive, Bateau Bay  
**Meeting Opened:** President, Faye Goodman  
**Attendance:** As per the attendance records  
**Apologies:** As per August general meeting  
**Visitors:** As per August general meeting

### **Minutes of Previous Annual General Meeting:**

Minutes of the previous Annual General Meeting of Thursday 9 December 2020 were published in the February 2022 club magazine.

### **Motion:**

That the minutes of the AGM in 2021 as tabled and read be confirmed.

**Moved:** Liz Thomas                      **Seconded:** Jane Savage                      **Carried**

### **Business Arising from the Minutes:**

Nothing raised

### **Inwards Correspondence:**

Forms for nominations for positions on the Committee and Sub-Committee

### **Outwards Correspondence:**

### **Motion:**

That the inwards and outwards correspondence as read be confirmed.

**Moved:** Jackie Robinson                      **Seconded:** Steve Murray                      **Carried**

### **Treasurers Report:**

### **Motion:**

That the tabled treasurers report as read and confirmed.

**Moved:** Gerry Donaldson                      **Seconded:** Beverly Fort                      **Carried**

### **Auditor report:**

### **Motion:**

Auditors report as read be confirmed as per attached.

**Moved:** Ian Fisher                      **Seconded:** Scott Good                      **Carried**

### **Presidents Report 2021-2022**

President's report presented via video

### **Motion:**

That the Presidents report as tabled and read be confirmed.

**Moved:** Frank Adams                      **Seconded:** Barry Vines                      **Carried**

## 2022 Trip Leaders

***The following people were presented with their 2022 Trip Leader caps by Narelle Stokes***

Lachy Thomas and Liz Thomas

Tony Clark and Faye Goodman

Jane Savage and Steve Turdak

Damien Erickson and Anna Erickson

Ray Kaltenbacher

Ange Jefferys

## 2022 Club Legends of the month

***The following people were presented with their club legend of the month keyrings by Libby Finemore***

December Craig Green

February Ben Munson

March Paul Fisher

April Joyce Hollins

May Jim Elcoate

June Dave Edwards

July None

August Lachy Thomas

## General Business:

Jane Savage was invited to take the chair and conduct the election of officers for the ensuing year. All positions were declared vacant and the election commenced.

## Election of Office Bearers

COMMITTEE	NOMINEES	ELECTED
President	Pete Robinson	Pete Robinson
Vice President	Jackie Robinson	Jackie Robinson Moved: Shaun Detroit Seconded: Alison Wallace
Secretary/Public Officer		
Treasurer	Michelle Edwards	Michelle Edwards Moved: Michelle Edwards Seconded: Jackie Robinson
Membership Officer	Libby Finemore	Libby Finemore Moved: Jackie Robinson Seconded: Steven Turdak
Trip Master	Lachy Thomas	Lachy Thomas Moved: Ray Kaltenbacher Seconded: Bev Fort
Magazine Editor		
Public Relations/Advertising		

SUB-COMMITTEE	NOMINEES	ELECTED
Quarter Master	Pete Glendinning	Pete Glendinning Moved: Barry Vines Seconded Lisa Good
Assistant Treasurer	Allison Wallace	Allison Wallace Moved: Lisa Good Seconded: Libby Finemore
Social Co-ordinator	Fiona Fisher	Fiona Fisher Moved: Damien Erickson Seconded: Lachy Thomas
Raffle Co-ordinator	Joyce Hollands	Joyce Hollands Moved: Frank Adams Seconded: Greg Douglass
Purchasing / Merchandising Officer	Sean Du Toit	Sean Du Toit Moved: Jacki Robinson Seconded: Beverly Fort
WeLeas-er Manager	Ken McDonald	Ken McDonald Moved: Liz Thomas Seconded: Damien Erickson
Webmaster	Steve Farmer and Greg Elsey	Steve Farmer and Greg Elsey Moved: Faye Goodman Seconded: Jackie Robinson
Association Delegate	Jackie Robinson	Jackie Robinson Moved: Greg Douglass Seconded: Frank Adams
Association Delegate assistant		

**Motion:**

That the new committee members as listed in the table above & the assistant treasurer be authorized as signatories to access all Central Coast 4WD club bank accounts, including term deposits, transaction accounts, Eftpos banking, including electronic & internet access.

**Moved:** Lachy Thomas                      **Seconded:** Beverly Fort                      **Carried**

**Motion**

**That all previous retiring committee members, are removed as signatories of all CC4WDC accounts, including term deposits and electronic access.**

Cherrie Pandich  
Craig Green  
Alan Booth  
Trevor Banks

**Moved:** Lachy Thomas                      **Seconded:** Beverly Fort                      **Carried**

**The new President then took the chair and thanked the outgoing committee and welcomed the incoming committee.**

**With no further business, the meeting was closed at 10pm**

LEGEND OF THE  
MONTH  
TROPHY

*Goes to*

***Lachy Thomas***

*For his legendary effort  
organising Christmas in July*

PISTON BROKE  
TROPHY

*Also goes to*

***Lachy Thomas***

*For breaking his turbo  
Nice one Lachy!*

# We have a new magazine advertiser

One of our current members, Brent Ladelle, has recently purchased Suspension Concepts, located in Wyong.

Please support Brent if you need any suspension work, GVM upgrades or engineering work



## Lovells GVM/GCM Upgrades

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sales@suspensionconcepts.com.au

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LOVELLS GVM upgrades offer one of the best suspension upgrade solutions for serious load carrying towing and off-road adventures.

LOVELLS  
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SYSTEMS

The advertisement features a dark blue background with a Toyota Landcruiser 200 Series SUV. Below the vehicle, several Lovells suspension components like springs and shock absorbers are shown. The Lovells Automotive Systems logo is in the bottom right corner.



# CC4WDC Representative Association Report

September 2022

The Association quarterly was held on the 20<sup>th</sup> of August at Argenton, with our new Association Representative Jane Savage and President Pete Robinson attending on my behalf. Pete will most probably expand in his first presidents report.

Prior to the meeting I had submitted a proposal to the Association which is outlined below

*"I would like to suggest an initiative that the clubs of the NSW & ACT Association and or the Association itself, may like to consider at the next quarterly meeting.*

*The CC4WD Club is currently reviewing its member medical information form, with discussion regarding the importance and value of this information to those emergency responders and first aiders, and how they access this.*

*After discussion with paramedic/ambulance officers, first aid trainers etc., review of current literature and similar products that relates to topic, and on the background of personal experience as a Registered Nurse previously working in a local Emergency Department, I think we can improve the amount and type of information these forms, or profiles contain.*

*Most clubs as far as I am aware, recommend that members carry some basic medical information within their glove box or car, in case of a medical emergency or accident. This is so vital when driving in rural remote areas alone or in small groups. However, this information, is not always up to date, relevant or easily accessible to emergency responders or first aiders.*

*What I would like to propose, is that we have a standardise medical form approved by clubs of the Association using best practice, and current evidence, supported by emergency responders' and incorporate suggestions and processes for improvement.*

*Currently the suggested ATMIST, acronym and process are used between clinicians and emergency responders, and significantly improves communication with medical practitioners, ambulance crews and emergency departments. Although this is for clinicians there is important information that can be communicated by non-clinicians, friends, family etc., or via an up-to-date medical information sheet. It could be that clubs have something in place already that others may benefit from in reviewing this form.*

*Examples of further information could include allergies and what happens when having contact with allergen, or what treatment is used, background history or previous conditions. Often forms state next of kin who often travel together on trips and having extended family and alternative contacts not with them, such as adult children would be useful.*



## CC4WDC Representative Association Report

*There is also the possibility of using a phone-based app which are currently available, in which to record this information, but remote travel and patchy internet access can hinder this being always available.*

*What I would also like to propose is that the Association and its members develop a sticker that is located outside of the car, indicating that the medical information is provided inside the vehicle, and where it is located to assist responders.*

*There have been a couple of options previously provided for motorcycle riders with helmet stickers, indicating that there is personal medical information inside the helmet which I have used. I have attached an image of a generic car sticker as an example of something clubs or the Association could develop.*

*Generally, with the NSW & ACT Association supporting and providing First Aid for its club members, safety and providing not only recovery assistance but also wellbeing, there is an opportunity for the association to lead the way and set the standard, complying with best practice guidelines in the interest of member welfare and safety on trips.*

*Happy to discuss this further."*

Feedback from this meeting was positive with all clubs agreeing to the proposal and forwarding their current medical information forms to the committee. It is anticipated that a standardise form will be summarised and placed on the Association website for all clubs to use if they so wished.

Development of a sticker was also agreed which can be placed in the window and in a location inside such as glove box or sun visor.



In September there will be an Association and Main committee social with all the clubs in the Hunter Area, held at the Watagans. It's a great opportunity to meet members from other clubs, for future collaboration, sharing of information, trips and social activities.

Jack Robinson

# AdBlue—



## What is it? & What does it do?

With AdBlue being a topical subject, we thought we'd take a look at what it is & what it does.

AdBlue is a trademark for Diesel Exhaust Fluid (DEF) also known as Aqueous Urea Solution 32% (AUS 32) and the solution is 32.5% (+/- 0.7%) Urea and the balance water. DEF is a non-toxic, non-polluting and non-flammable solution that is stable, colourless, odourless. In simple terms it just a water & urea solution.

However, these have tight and extensive specifications. For those interested, the ISO Standard 22241 parts 1, 2 & 3 goes into detail about these two ingredients.

Its purpose is to reduce Nitrogen Oxide (NOx) emissions of Diesel engines. NOx is a contributory factor in acid rain. Due to the physics of diesel combustion, an engine low in NOx will be high in exhaust particles or vis versa. Which combination is determined its design and tuning. Euro 4 emissions level engines were the first to use DEF and it is becoming more common in new diesel-powered four-wheel drive vehicles.

DEF is stored in a separate tank on your vehicle and misfuelling into your diesel tank with DEF will cause major damage to the fuel system of your diesel engine. Importantly it is corrosive to metals like aluminium and therefore materials such as stainless-steel tanks, polyethylene or fiberglass reinforced plastic are use for tanks & containers.

The fluid has a limited shelf life and will freeze at -11c, so often there is a heater in the DEF tank to thaw the fluid in vehicles used in freezing temperatures and it should also not be exposed to temperatures above 50-60 °C. DEF should be stored out of direct sunlight and ideally less than <sup>30°C</sup>.

Poor handling and storage of DEF is likely to cause issues with dosing system over time.

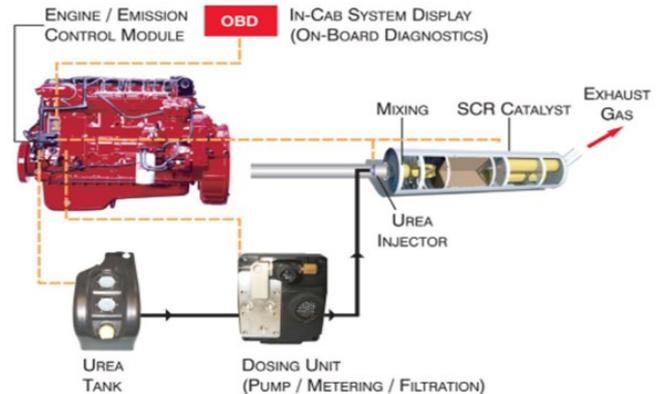
The consumption rate of DEF is around 1-2% of fuel consumption in light vehicles & 4-6% in trucks. You can refill the tank at most Service Stations and Truck Stops or during your routine service. This is something to consider when planning Outback touring trips because your vehicle will stop if this tank is empty and

there is no legal method of emergency bypass/override.

DEF is part of the Selective Catalytic Reduction (SCR) system fitted as part of the exhaust system.

Small quantities of DEF are injected into the exhaust upstream of a catalyst. This converts to ammonia in the exhaust stream and reacts with NOx over the catalyst to form harmless nitrogen gas and water.

Do not confuse this system with DPF (Diesel Particulate Filter) these capture particles or soot in the exhaust stream, then through regeneration (extreme heat) burn off this material to clean the DPF filter. A vehicle may be fitted with either SCR or DPF & in some cases both depending on the design and the emission level of the engine in your vehicle.



Any question please forward to Association Rep Jackie Robinson

# Upcoming Events in 2022

Refer to following pages for detailed trip notices

Date	Event	Class	Contact	Telephone	Limit
8 September	September General Meeting	Social			
9—11 Sept	Sydney 4WD & Adventure Show— Sydney Dragway, Eastern Creek		<a href="https://sydney.4wdshow.com.au/">https://sydney.4wdshow.com.au/</a>		
9—11 Sept	Sandbar Beach Social Glamping weekend	C/D	Jackie Robinson	0401 864 070	No limit
17-18 Sept	DTU Stage 2—We-Leas-er	C	Mark Roper	0420 976 784	6 vehicles
16 October	DTU Stage 1—Cooranbong	C	Mark Roper	0420 976 784	8 people
19-20 November	DTU Stage 2—We-Leas-er	C	Mark Roper	0420 976 784	6 vehicles
26 November	Club Christmas Party—We-leas-er	Social	Save the Date!	Save the Date!	<b>!!Volunteers needed!!</b>
30 Nov—4 Dec	Western Wollemi	C/D	John & Helen Smyth	John 0429 700 509 Helen 0484 229 861	
4—8 December	Brooms Head Trip	D	Ken & Yvonne McDonald	4358 1357 0423 411 830	10 vehicles
28 Dec—6 Jan	Victorian High Country	B/C	Dave Edwards	0418 605 445	No Limit

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# Sandbar Beach

social glamping weekend

9-11 September



**Trip Leader:** Jack Robinson  
**Mobile:** 0401 864 070  
**Email:** [jackie.robinson66@hotmail.com](mailto:jackie.robinson66@hotmail.com)  
**When:** 9-11<sup>th</sup> September  
**Where:** Sandbar and Bushlands Holiday Park, Celitto Beach  
**Booking:** Direct to Park on 6554 4095  
**Class:** C-D (some beach driving if conditions allow)  
**Limit:** Unlimited dependant on park availability  
**Bring:** Smiley face, bag of wood per night, food and water  
**Cost:** Varies  
**Min requirement:** 4WD for the beach

## Trip details:

This trip is for all levels of camping, glamping, cabins, camper trailers or caravan owners, and for those newbies or experienced in beach 4WDing.

Sandbar Beach is one of the most beautiful spots on the Barrington Coast, and backs onto Smiths Lake. We will take a beach drive on the Saturday, stopping for lunch on the sand if conditions allow.

The weekend will start on the Friday for those able to get away, to start off a relaxing weekend staying at Sandbar and Bushlands Holiday Park, located at Seal Rocks. Please find link [Sandbar and Bushlands](#)

For those wanting to start the weekend on the Saturday, please book into the park in the morning, being ready for a beach drive at 11.00am, meeting at campsite 67.

There are sites suitable for all, from cabins, powered slabs, unpowered sites, with amenities, dump points etc to cater for all accommodation preferences. Currently camping sites are free from 62-77 which back onto the bush area, allowing fires and having plenty of bush privacy.

This beach is known for great driving, surfing and swimming, but requires a permit to drive on the beach found [Mid Coast Beach Permit](#) or at the kiosk on check in. This permit allows access to all beaches in the Mid Coast.





# Western Wollemi



November 30 – December 4, 2022

- Trip Leaders:** John and Helen Smyth
- Contact:** John (0429 700 509) or Helen (0484 229 861)
- Date:** **November 30 – December 4 (Wednesday to Sunday), 2022**
- Grade:** C-D
- Vehicle Limit:** 10
- Meeting Time/Place:** 1.00 pm at Rylstone on Wed Nov 30 [at the Recreation Ground opposite Rylstone Hotel]
- Cost:** The camping fee is \$6 per adult and \$3.50 per child, per night.
- What to Bring:** Camping gear, drinking water, shower (if desired), kayaks (if possible), sturdy walking shoes, swimming togs. [Pit toilets are provided]

## Information:

After leaving Rylstone we drive to Dunn's Swamp (about 25km) to camp for four nights, before returning home on Sunday via a 4WD track to the Cox's Gap road where the trip will terminate, and drivers return home.

Tent camping will allow you to camp near the water, but you must park away from your vehicle.

Caravan or camper-van parking is about 100m from the water. The last 10km of the access road to the campground is dirt and often very rough.

**Activities** include bushwalking, swimming and kayaking in/on the beautiful water reservoir (on the Cudgegong River), rock climbing, Finska, fishing (fishing licence required) and a half day excursion to Ferntree Gully (rain forest).

**The 4WD portion** of this trip (only 20km) takes us into the north-western corner of Wollemi National Park, on a rarely traversed track, over Nullo Mountain, via private roads at each end. A scenic drive through the Widden valley brings us back on to the Cox's Gap road, then via Denman for the trip home.

I propose three alternatives:

Tent Campers -- Return via Nullo Mt. on Sunday as indicated above,

(ii) Caravanners -- drive this track, in your 4WD vehicle only; then return via Bylong to Dunn's Swamp, to return home, with caravan, via the sealed roads.

(iii) Omit the 4WD section and travel home on the Sunday or Monday.

## If it rains, the third option is the only one, as the track is available in fine weather only.

### Those who have only the weekend available may wish to join us at Dunn's Swamp on the Friday evening.

# BROOMS HEAD TRIP

<b>Trip Leaders:</b>	Ken and Yvonne McDonald
<b>Contact:</b>	4358 1357 or 0423 411 830
<b>When:</b>	Sunday 4 <sup>th</sup> December to Thursday 8 <sup>th</sup> December
<b>Meet:</b>	Hungry Jacks, Heatherbrae
<b>Time:</b>	10am Sunday 4 <sup>th</sup> December
<b>Grade:</b>	D
<b>Limit:</b>	10 vehicles
<b>Bring:</b>	Fishing gear, swimmers rock hopping shoes, canoes

## **Trip Details:**

Drive to Cooperook Forest Park, Cooperook State Forest, Juhles Mountain Rd. Free camping with toilets available. Estimated arrival about 2pm (200Km)

10am Monday 5th, move to Brooms Head Caravan Park, Ocean Rd Brooms Head - sites located at Northern end of park on left immediately after crossing bridge over lagoon outlet. Suggest park at site and walk up to office as limited parking available at Office. Estimated arrival about 2.30pm (275 km). Book for powered or unpowered sites. A deposit will be required at time of booking. Please advise us when you have booked and which site you are on.

Brooms Head Caravan Park 02 6646 7144

Stay 3 nights at Brooms Head. Mon 5th Tues 6th Weds 7th.

Local trips envisaged around Brooms Head, Yamba and Sandon River.

10am Thursday 8th move back to Cooperook Hotel free camp for overnight stay or continue home.

Whilst travelling Comfort stops and Fuel stops to be advised. There will be a stop at Maclean IGA for supplies and fuel.

It is estimated that we will travel about 475ks to Brooms Head.

# VICTORIAN HIGH COUNTRY TRIP

28 December 2022 – 6 January 2023

Base camp at Talbotville - Camper trailer and caravan friendly

**All Club members welcome including children. No limit.**

Organisers: Dave & Michelle Edwards



Talbotville is a large flat, FREE camping area on the Crooked River with some shady trees. There are lots of options for day trips to iconic tracks such as Blue Rag and Billy Goats, as well as an overnight trip to the Wonnangatta Valley. Dargo has the closest supplies with a pub, fuel and basic food about 30km away. For those not wanting to 4WD each day there is the option of exploring nearby gold diggings at Grant or lazing in the river.

***Rated Class C with possibility of Class B depending on weather and conditions***

## Essential Requirements:

- Roadworthy vehicle with cooling system and brakes in excellent condition
- 2 inch suspension lift recommended
- All terrain tyres, light truck rated with a minimum of 50% tread.
- Front and rear rated recovery points
- Recovery gear

*Expressions of interest from volunteers to run day trips*

[More details will follow over the next few months.](#)

**Contact: Dave Edwards on 0418605445 for more information or to register your interest.**

# *How to run a club trip the easy way!*

- Phone any club member that has run a trip previously, they'll love helping you
- Look at trip reports and trip notices in old magazines for ideas
- Watch YouTube videos about four wheel drive trips
- Look at other 4WD club websites
- Look at the list of previous club trips on the following page for inspiration

*The club website has lots of information about how to lead a great trip.*

**Did you know that the club website has a member's only page with documents and information for club members only?**

**Contact any member of the committee for the password.**

## **TRIP BOOK-IN PROCEDURE—Please familiarise yourself with these procedures to avoid any frustration**

1. You must personally book in
2. If you book in early you must confirm that you still intend going no later than two weeks before the trip. If you do not confirm, your position will be re-allocated
3. If you are unable to attend please notify the trip leader as soon as possible so that someone else has the opportunity to fill the position
4. It is YOUR RESPONSIBILITY to contact the trip leader the night before the trip. This will enable you to confirm your attendance, and also check that the trip hasn't been affected by weather conditions

## **TRIP CLASSIFICATION CODES**

- A.** This class of trip is considered to be extremely difficult. Participants will have to be experienced at travelling over difficult terrain. An amount of winching and/or towing will almost definitely be required. Participants will be required to bring along basic recovery equipment. The trip leader will have the right to reject a request to go from someone who is considered under experienced
- B.** This class of trip is considered to be a moderate to difficult trip. An amount of winching and/or towing will almost certainly be required. Under extreme weather conditions, this trip could develop into a class A trip
- C.** This class of trip is considered to be a moderate trip. Various sections of this trip will require cautious driving in order to negotiate your way. In most circumstances winching and/or towing will not be necessary
- D.** This class of trip is considered to be a relatively easy trip. It is unlikely that any winching and/or towing will be required
- E.** This class of trip is considered to be very easy. Little or no four wheel driving will be required and these trips usually consist of easy to reach base camps, scenic tours, social events, etc.

**IMPORTANT NOTE: ALL B AND C TRIPS YOUR VEHICLE MUST BE ABLE TO ENGAGE LOW RANGE.** These classifications codes are *A GUIDE ONLY*. The code designated to a trip can change from the time of designation to the actual time of the trip. Although every attempt is made to ensure that an accurate class is given to each trip, members should be sure for themselves that they are capable of handling the type of trip they have chosen. If in doubt consult the trip leader, and they will advise you whether you and your vehicle are suitable.



# Convoy Procedure

- Trip leaders to remind all drivers about convoy procedure before moving off
- Trip leaders to check that everyone on the trip has enough water, fuel, recovery gear and food
- Trip leaders to inform all participants of the radio channel (and alternate radio channel in the event of too much interference on the first channel) to be used and ensure everyone can hear them before moving off
- The trip leader will appoint a “Tail End Charlie” who always travels at the back of the convoy. Their job is to acknowledge and confirm all communication from the trip leader and ensure all vehicles are on the road whenever setting off
- Trip leaders to let Tail End Charlie know the state of any gates (whether open or closed) and Tail End Charlie must leave them in the same state they were found in
- Trip leaders to advise all participants of upcoming turns/hazards etc and make sure the Tail End Charlie has acknowledged any communication
- Do not drive in a manner or at a speed that could endanger yourself or any another participant
- If driving through steep or hazardous terrain always ensure the vehicle in front has passed through the hazard/steep section before you proceed and pay particular attention to the vehicle behind you, to ensure they’ve safely navigated the hazard
- Make sure you maintain visual contact with the vehicle behind you. At intersections, stop and wait until the driver behind acknowledges they’ve seen the turn
- If you need to leave the convoy, you must let the trip leader know
- If the convoy gets too spread out, the trip leader can appoint someone to be a relay between the trip leader and Tail End Charlie
- If a recovery is necessary, the trip leader will take control and delegate if necessary. If you’re not directly involved, make sure you stay well away from the recovery
- When in convoy, stay in your designated position. Eg: 4th car in the convoy. Do not overtake the vehicle in front without their permission
- Do not reverse or drive in the opposite direction to other vehicles in the convoy
- Always drive with headlights on
- Although the preferred communication is by radio, if you can’t contact other drivers via radio, you should flash your headlights
- Using radios to communicate doesn’t replace the need for convoy procedures to keep everyone safe and on the right track

# Trip Notices

## What to include in a Trip Notice

First of all, a big thanks to you for running a trip! We appreciate that there is a lot of planning and thought which goes in to leading a trip.

When you are writing up your trip report to be advertised in the magazine, please include the following details:

<b>Trip Leader:</b>	Name and contact details
<b>Where to meet:</b>	Include as much detail as possible including the time
<b>The location of the trip:</b>	
<b>The Grade of the trip:</b>	Please refer to the Trip Classification codes
<b>Vehicle limit:</b>	the maximum number of vehicles permitted on the trip
<b>What to bring:</b>	<u>Please be detailed here</u> eg: food and water requirements, a bag of firewood, full tank of fuel, recovery gear, swimmers
<b>Minimum requirements:</b>	Eg: must have completed stage 1 or 2 driver awareness, snorkel, recovery points, working UHF radio, winch
<b>Costs:</b>	Please note here if there are any costs involved. Eg: camping fees, museum or entry fees, booking fees, meals, accommodation etc

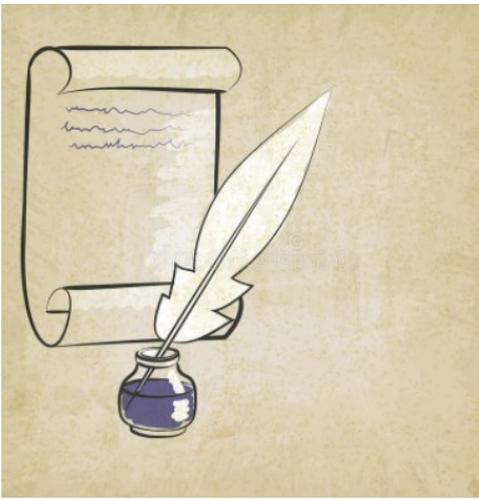
Please then write a summary of the trip so people know whether the trip would be suitable for them. Include where you'll be heading, where'll you camp/stay, any highlights/points of interest along the way, then conclude with how, when and where the trip will finish up.

Another fantastic addition to any trip notice are some photos you have taken on previous trips to showcase some of the highlights of the trip. Please do not leave this up to the editor to include any photos.

Once you have all the details in your trip notice, please email in Word or Publisher format to [tripmaster@cc4wdc.org.au](mailto:tripmaster@cc4wdc.org.au) so the Trip Master can log the trip **AND** to [editor@cc4wdc.org.au](mailto:editor@cc4wdc.org.au) so it can be included in the next magazine.

# Trip Reports

There are written and verbal trip reports for each Club trip undertaken. At the beginning of each trip, the Trip Leader will request a volunteer for the written and verbal reports. Usually, the last person to turn up to the meeting place is assigned the coveted job of writing the trip report for the magazine.



## How to submit a trip report:

- ⇒ Take notes as you travel and take lots of photos along the way
- ⇒ When you get home, type up your report in Word or Publisher (we use Publisher to compile the magazine) and include your photos in the document.
- ⇒ If you prefer to send your photos separately, please label your photos with the location and names of people etc.
- ⇒ Please upload your photos to Google Drive, OneDrive, DropBox or a similar file sharing service and email the link with your Word or Publisher document to [editor@cc4wdc.org.au](mailto:editor@cc4wdc.org.au).
- ⇒ You can always refer to past magazines for examples of how a trip report is presented.

If you have any questions at all, please email the Editor at [editor@cc4wdc.org.au](mailto:editor@cc4wdc.org.au)

# Member Profile

September 2022

ANTHONY MCGAVIN



Anthony a Sydney boy grew up in Hornsby, whereas a lad he was to be found exploring, riding bikes and walking in the bush that backed onto their property. Aged 14 years he moved with his parents to the Central Coast to Point Clare where he became involved in the local scouts, which enabled him to follow his interest in camping and the great outdoors.

After moving to Point Clare sometime later his parents separated, his father touring Australia in a Holden, whilst his mum and brother moved to QLD. His other brother and sister went to live with Anthony becoming a family unit together behind the police station at Gosford. This location did not stop them from having quite a few parties.

His first job was working in a bank and was encouraged to study accountancy at night at TAFE, leading him to work with differing companies and with many entrepreneurs which he found interesting, including the IMAX that was in Darling Harbour. His claim to fame being the first employee to work for IMAX and spent the last day with the projectionist 20 years later to the day when it closed.

He then worked in IT and for the last 15 years has worked with QAD a software manufacturing company as an accountant.

He first met his wife Kylie in 1980 who was a friend of his sister, although their relationship didn't start to blossom until 6 years later, getting married in 1993. They have 3 children now in their 20s. Kylie a Disability Support Worker, and Anthony joined the Club almost 10 years ago through friends who were already members, who they knew through their kids play group.

# ANTHONY MCGAVIN

Anthony and Kylie were able to both expand on their love of camping and the outdoors in joining the club, currently driving a 76 series Landcruiser and their second Kimberley camper. Anthony's favourite place is the Victorian High Country and Talbotville, having been several times, and loves driving "I could have been a truck driver, the music podcasts"

Anthony feels that the club is a great social club with a shared passion for the bush and 4wding, and plans to on retirement to get more involved and participate in more trips and potential committee in the future . He values the great people in the club, sharing the same interests, a laugh, sitting round the fire shares nibbles and a beer and driving great tracks. His job has prohibited longer 4wd trips which he hopes to do in the near future, and with changes to his job pending, hopes "to do a gap year" trip that is long overdue.

Almost all of Anthony and Kylies kids have left home now, one is lingering, and they have enjoyed camping and 4wding growing up, and to this day still do, frequently returning home to pinch his camping gear.

Anyone who would like to have their profile in the magazine please contact.....

Jack Robinson

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# First Aid Course

## Weekend Report

By Pete Robinson

**Attendees:** Jane Savage, Steve Turdak, Dave Edwards, Frank Adams, Eileen Adams and Pete Robinson.

**First Aid facilitators:** Sue and Dom Wells. Assisted by Jacky Robinson.

Our first aid course started with an on line tutorial sent a week or 2 prior to the actual course day. A series of first aid situations and events were presented and a short questionnaire to complete the on line learning was undertaken.



The course was conducted on Saturday the 13<sup>th</sup> of August at the Club lease. Most of us travelled up on the Friday and camped overnight to be ready for the days activities. CPR was the first order of training and several CPR mannequins were set up and instruction given for the DRSABCD. (Danger, Response, Send, Airway, Breathing, Circulation, Defibrillation.) A few things have been added since I last did a first aid course was a great opportunity to refresh these skills and learn what has changed. All adapted quickly for the methods of chest compressions and using the DRSABCD assessment method.



We then moved onto using the AED, (Automated External Defibrillator). This is the first time I have had instruction on the use of these and the machine does most of the work, giving instructions on what actions to take. One of these AED's, as most are aware, is located in the centre of the Café at the lease.

Learning how to use a Ventolin inhaler was another lesson learned that I had no idea about, as I have no one in my family who uses one. It was very useful in learning the techniques and attachments that can be added to assist someone who is in need, if having an episode with an asthma attack. This also included the use of and identifying an epi pen in the cases of anyone having a severe allergic reaction known as anaphylaxis.

Bandaging was the next lesson to move onto and applying the old triangular bandage for injured or broken arms. A couple of attempts at other bandaging techniques was shown by Sue and I think we have all mastered the art of applying a bandage over the years, especially with young children. Certainly qualified to apply band aids to insignificant cuts and scratches to kids, that seem to have a soothing effect on them.

It was interesting to learn here too, the application of a bandage for snake bite. Bandaging over the initial bite then up the arm or leg or close to the bite site. Most bites will occur on the leg or arm so we all practised bandaging up each others arms.

Another item of interest I had not seen before was a tick remover. A product called Tick Off, freezes the tick that has attached itself to the body and I'm sure, in most cases will kill the tick immediately and allow for easy removal. Most of you may have already known about this product, but my first time discovering it. I went out and bought one to add to my first aid kit. Bought one from Chemist Outlet for \$21.99 but saw one on line for \$18.99. A good tool to have, seeing as we are coming into the warmer months now.



After we completed the First Aid Training, it was a welcome break for lunch and bit of a talk on what we had learned. Once lunch had finished, we went for one Ken's walks. Walk number 1 I think as it took us up to the top of the lease property, overlooking the campground and Café area.

Overall it was worth the journey for a weekend at the lease and most stayed the Saturday evening. Bev Fort turned up on the Friday afternoon, only for the social first aid. It is essential to keep your first aid skills up to date and I know I hadn't done one for a while.

Special thanks to Sue and Dom for running the course for the day and thanks to Jacky Robinson for organising it all.

# CLUB EQUIPMENT

*Are you having a get together, party or going on a trip?*

The CC4WD Club has equipment which is available to go on loan to its Members

Some of this equipment includes:

- Fold up tables (located at the lease)
- A gas barbeque
- Gazebos

Should members wish to borrow this equipment please contact our Club Quartermaster—Peter Glendinning on 0407 201 120

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# Driver Awareness Training

Sessions start at 8am on Sunday and run until approximately 4pm

## Stage One for 2022

16 October

**Where:** Cooranbong Community Centre, 614 Freeman's Drive, Cooranbong.

**What to bring:** Food and drink for the day, a pen, a hat, sunscreen, basic recovery gear and a readiness for learning.

**What to expect:**

Stage One training is an introductory course to 4WD. The day is split into two parts, initially at the community centre and involves theory, starting with the basic mechanics and safety knowledge of a 4x4.

Morning tea break allows the trainers to work with each participant and their vehicle, locating and identifying the necessary safety equipment in their truck.

The next session outlines driving techniques over various terrains and an introduction to club protocols.

After lunch we move into a practical training session allowing you to practice your skills in a safe, supervised area. This session will cover the essential safety technique of a stall start recovery, followed by practice in picking a line in ascents, descents and basic rock steps.

**Please keep an eye on the members Facebook group for any updates/date changes**



# Driver Awareness Training

Session starts at 8am on Saturday, with additional opportunities on Sunday

## Stage Two for 2022

17-18 September, 19-20 November

**Where:** Club Lease 'We-Leaser' Dungog

**What to bring:** Food and drink for the two days, however, dinner is provided on the Saturday night. A hat, sunscreen and your vehicle checklist from Stage One training, recovery gear

**Recovery Gear:** Front and rear recovery points, snatch strap, bridle or tree protector, dampener and rated shackles. **Please note:** that a trainer will accompany you during the practice drive and there must be a seat available in your vehicle.

### **What to expect:**

Stage Two training is a full day of practical exercises completed as a team to expand on the knowledge gained in Stage One training. We further investigate aspects of vehicle maintenance, practising pre-trip inspections and completing a tyre change. After morning tea, we revise the stall start recovery and simulate simple snatch strap recovery techniques. This is where you finally get to use all that wonderful gear you've brought along. In the afternoon, we head out the back gate and put our training into practice. Taking the back tracks through the State Forests, we complete rutted and rocky tracks and simple water crossings. Prior to dinner, we complete a simple revision assessment as a group.

*Upon completion of Stage Two, you will be prepared to undertake the NSW and ACT 4WD Association Accreditation Certificate, a nationally recognised qualification.*



# The We-Leaser Maintenance Roster

Month	Name
JANUARY	Mysteire Egan and Sean Du Toit
FEBRUARY	Scott and Lisa Good
MARCH	Mel and Ben Gall
APRIL	Bill and Dianna McConville
MAY	Harvey Lopez and Alma Thompson
JUNE	Jim and Lisa O'Donoghue
JULY	Vickie Doran and Neil Pearson
AUGUST	Anna and Damien Erickson
SEPTEMBER	Lachy and Liz Thomas
OCTOBER	Dave and Alison Wallace
NOVEMBER	Craig and Dee Green
DECEMBER	Paul and Jo Kelly

A HUGE thank you to everyone who put their hand up to help with the maintenance of the We-Leaser. We are always in need of volunteers to keep the lease neat and tidy for **everyone's** enjoyment, so if you would like to put your name down to help out, please contact the Lease Manager—Ken McDonald, to register your interest.

## Club members advertising page

### Do you have your own business and want to share with other club members?

Please contact [editor@cc4wdc.org.au](mailto:editor@cc4wdc.org.au) if you're a member and would like to advertise your business in the club magazine —it doesn't have to be four wheel drive related. Cost is \$80 per year.

Everyone wants to deal with someone they can trust, so if you need a hairdresser, a plumber, a bookkeeper or any other service, it will be great to contact a fellow club member for assistance. If you have a logo or a website we can add that to your listing.



 <p><b>Coastal Automotive Enterprises</b> <i>"For a better class of mechanical needs!"</i></p>	<p>Troy Bennett 2/7 ACE CRESCENT TUGGERAH NSW 2259 PHONE 02 4352 2044 MVRL 49709</p>
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# UHF Radio Channels Australia

## *Which channels to use & avoid*

UHF (Ultra high frequency) radios are a commonplace accessory the vast majority of 4WDers use for general convoy communication on highways and tracks. It is important to remember that UHF transmissions are not private communication and anyone within range will hear your conversation so some simple etiquette is important.

The UHF radio is a must have when going on 4WD trips. Below are the list of channels you should and shouldn't be using.

### Acceptable UHF channels and their usage:

**Channels 9, 12-17, 19-21 24-28, 30, 39, 49-60, 64-70, 79 and 80:** General chat channels

**Channel 10:** 4WD Clubs or Convoys and National Parks

**Channel 18:** Caravanners and Campers Convoy Channel

**Channel 40:** Australia Wide road safety channel used primarily by truckies and oversized load pilot vehicles

**Channel 29:** Road safety channel Pacific Hwy/Mwy (NSW & QLD)

**Channels 1-8 and 41-48:** Repeater/Duplex channels (output)

**Channels 31-38 and 71-78:** Repeater/Duplex channels (input)

### Legally restricted channels

**Channel 5 and 35:** are for **emergency use only**

**Channel 11:** is the 'call channel' - a general meeting channel for when communication has been lost. Once communication is established you should quickly move to another general chat channel.

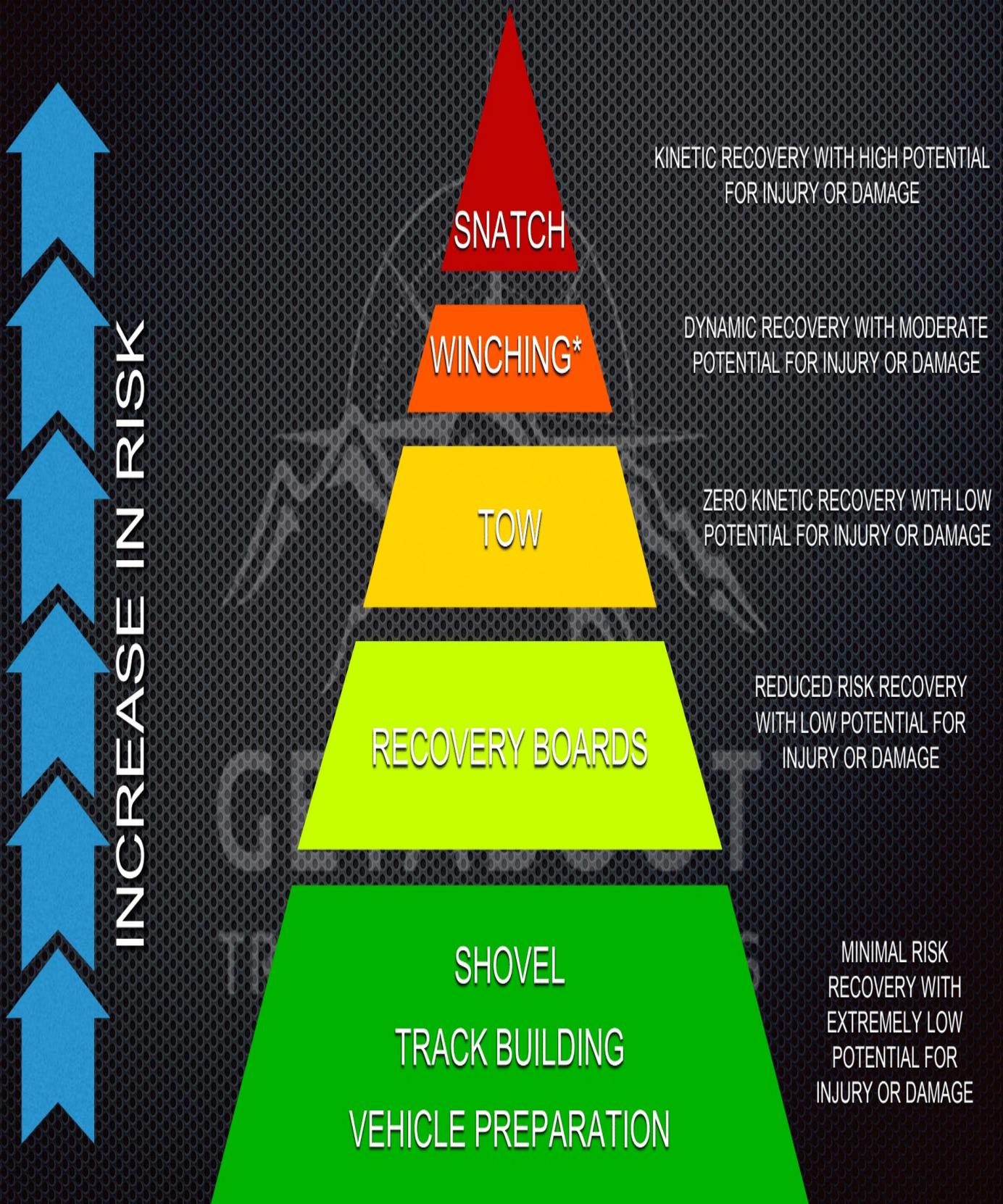
**Channel 22 and 23:** to be used for telemetry and telecommand automated communications only. Packet data and voice transmissions are not permitted

**Please note:** As at July 2020, the on the spot fine for misusing the emergency channels is \$444 OR up to 2 years imprisonment (for an individual) OR up to \$333,000 fine for all others. If the misuse interferes with an emergency call, these penalties increase to up to 5 years imprisonment for an individual OR up to \$1,110,000 fine for all others.

These penalties are set to increase every 3 years from 1 July 2020.

*(Ref. Radiocommunications (Citizen Band Radio Stations) Class Licence 2015 (Cth) and the Radio Communications Act 1992 (Cth))*

# HIERARCHY OF RECOVERY



# GET MORE FROM YOUR RECOVERY BOARDS

This article was written by Brock Smith Port Hunter 4x4 Club

Recovery boards are a versatile but an under utilised tool. They can be used for much more than just mud and sand, and not just on their own.

- Ramp up a step to drive or winch up
- Bridge across ditches
- Pre-position boards on the track in very soft or slippery ground
- A base plate to prevent a jack sinking in soft ground
- Levelling your vehicle, camper etc when making camp
- Use in conjunction with other recovery equipment



## TIPS

- ⇒ For recoveries, use four boards if possible. If using only two, place the boards under the lead axle.
- ⇒ Use gravity to aid the recovery.
- ⇒ Get the boards under the tyres. A shovel is better than trying to dig with the boards.
- ⇒ Deflate the tyres when the boards are in place, so the tyre expands on to the board.
- ⇒ Use Low Range. If you have terrain modes, select "Rock" - don't spin the wheels.
- ⇒ Attach leashes to make retrieval easier. Don't underestimate the suction and the weight of boards packed with mud & clay. Use the leashes and a shovel to help lever the boards free.
- ⇒ On soft or slippery ground pre-position boards on beforehand, boards can be linked and pegged.
- ⇒ Boards can also be placed under the wheels by jacking the vehicle. This can be used as technique to help break the suction and reduce the recovery load.
- ⇒ Ultraviolet light makes the boards brittle. If you carry them externally on your vehicle, remove them at the conclusion of your trip & store out of the sun.



***We-Leaser is for use by Financial Club members and their Family.***

***Visitors must have a club member with them***

Please follow the guidelines set out in the Covid 19 policy on the following pages, including signing in and out on the forms provided in the café.



Remember, no pets at the lease, don't feed any of the farm animals and please be conscious of turning off the gas bottles after you use the gas

# Guidelines for use of We-leas-er

The Lease Manager for 2022 is Ken McDonald

Contact: 0423 411 830

- These guidelines have been prepared in conjunction with the property owner and reflect the club's ethics to ensure that everyone enjoys their time at the property.
- Everyone is expected to treat the property with care and respect.
- Club members must accompany any visitors for duration of stay.
- You must sign in on the forms provided as soon as you arrive. Sign in forms are located in the box attached to the pole inside the café.
- Always check current fire restrictions for the area before lighting a fire. Make sure that the fire is properly extinguished before the last person goes to bed and/or before leaving the property.
- Please use the established firepit to avoid fire burns all over the property.
- Rubbish must all be taken home with you.
- We only lease the 30 acres around the camping area. Please do not drive to any other parts of the property.
- Motor bikes and any unregistered vehicles are not allowed on the property. We aren't insured for these, and our lease doesn't allow it.
- Don't feed the animals on the property.
- When-ever possible, replace firewood you use with timber from outside the property. Do not collect firewood from the property.
- The tanks on the property collect rainwater and are not for drinking. They may also be empty if it hasn't recently rained, so please always carry your own water.
- When using the barbecue or the burners, please turn off the gas at the bottle as soon as you finish cooking, otherwise it will leak. If the gas bottles are empty, there are 2 options:
  1. Pay to get them refilled and request reimbursement by emailing a copy of your receipt and bank details to the treasurer at [treasurer@cc4wdc.org.au](mailto:treasurer@cc4wdc.org.au)
  2. Use our account at the garage at the top of the town as you come in (contact the lease manager for how to use our account if using this option). If using this option, please remember to email a copy of the invoice provided to you to [treasurer@cc4wdc.org.au](mailto:treasurer@cc4wdc.org.au)
- No domestic animals or pets are allowed.
- Before you leave, please check the following:
  - ⇒ Double check the gas is off at the bottle to ensure no leakage.
  - ⇒ Make sure the café gates are closed so livestock can't get in and make a mess
  - ⇒ Make sure the toilet and shower doors are closed.



## **COVID 19 POLICY**

This policy has been developed in response to the recent Covid 19 Pandemic which has had a major impact on the Central Coast Four Wheel Drive Club activity today and in the future.

The Committee has met and developed the following controls to be applied to all Club Activities. This policy is to be read, taking into consideration what is “reasonably practicable in the situation”.

### **We Leaser Guidelines**

Do not attend the lease if you or any of your family are unwell – Stay at Home.

Do not attend the lease if you or any of your family have been exposed to Covid 19 in the past 7 days.

All people attending the Lease MUST sign on. The Sign on Sheet is located in the café in the metal box.

Social distancing of 1.5 metres MUST BE maintained at all times including in the café and around the camp-fire.

Please no sharing food during Happy Hour.

Wash hands regularly with soap and water or hand sanitiser

Bring your own cooking utensils and use Non Stick Baking Paper on the BBQ. Please disinfect BBQ, the sink, tables and surfaces after use.

You are encouraged to bring your own cooking facilities to help prevent the risk of transmission of Covid 19.

Pit toilets are open. Before and after use please wipe down the toilet seat, door handles etc. Parents/Carers please accompany your children to the toilet to make sure that the facilities are disinfected.

The Club has supplied Earth Choice – Antibacterial Surface Cleaner which is suitable for use in the pit toilets for cleaning. **Do not put disinfectant wipes in the pit toilet.**

Please bring your own grey water friendly Antibacterial Surface Cleaners for use in the pit toilet.



## **COVID 19 POLICY**

### **Club Trips /Training Guidelines**

Do not attend the trip if you or any of your family are unwell – Stay at Home.

Do not attend the trip if you or any of your family have been exposed to Covid 19 in the past 7 days.

All people attending the trip MUST sign the Trip Sign On Sheet provided by the Trip Leader.

During the trip if you or any of your family begin to feel unwell, please notify the Trip Leader IMMEDIATELY.

Social distancing of 1.5 metres MUST BE maintained at all times including around the campfire.

Please no sharing food during Happy Hour.

### **Wash hands regularly with soap and water or hand sanitiser**

Camp site set up, ensure that there is a minimum distance of 5 metres away from the next campsite.

*Bring your own cooking & toileting facilities to help prevent the risk of transmission of Covid 19.*

*Please supply your own hand sanitiser, disinfectants and soap.*

*Thank you for your understanding and cooperation in keeping the members of our great club safe.*

# ITEMS FOR SALE

## Kwiky Tyre Deflator



Super fast way to deflate tyres for off road  
Built in highly accurate bourdon tube pressure gauge  
Solid brass construction with protective rubber coating  
Great reviews on YouTube on this product  
Bought in April 2021 for a 4x4 camping trip, only used once.  
No longer required  
Kings selling online for \$19.95 plus postage.  
Selling for \$15.00 as new as only used once.  
Please contact Libby by text or phone 0402 1000 62.

## Collapsible silicone containers x 4

Bought these at the Maitland Camping  
and Caravan show.

Great for storage, microwave safe and  
compact in saving space when going  
camping.

As new, never used.

Selling for \$30 for the four containers.

Sold as package.

Contact Libby either by text or phone to 0402  
1000 62



# ITEMS FOR SALE



**Single Oztrail shower, ensuite,  
toilet tent**

**As new used once, now have  
awning shower tent**

**\$80**

**Jackie Robinson 0401 864 070**



**New bamboo camping/festival  
cheese and wine table.**

**Holds 2 bottles and 8 glasses**

**\$25**

**Jackie Robinson 0401 864 070**

# Camper for Sale

\$16,000 negotiable

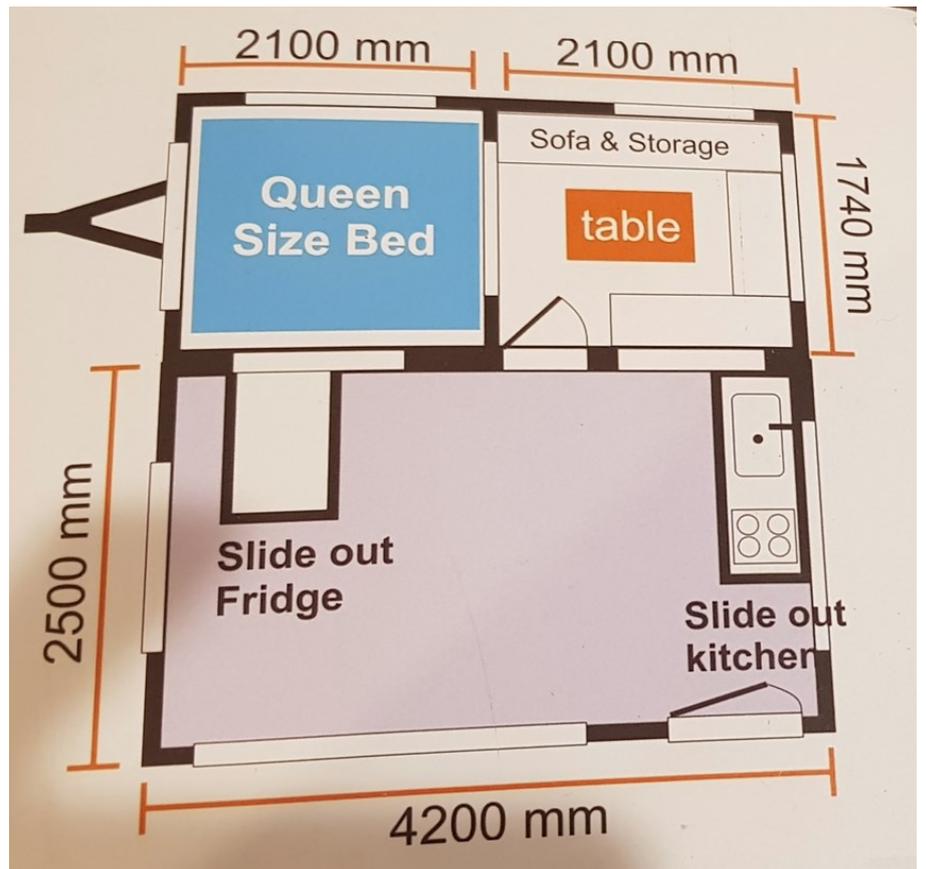
Contact Steven Turdak Ph: 0425 249 879

*Mars camper forward fold. Pull out kitchen with 3x gas burners sink with cold water plumbed plus prep area.*



Included:

- Waterproof tent
- Coil springs & gas shocks
- Electronic water pump
- Fridge slide
- 4mm thick Drawbar
- 12v power outlet & wiring
- Led lighting system
- Foam mattress & eggshell topper
- 1x100Ah battery
- 750kg Auto lock winch
- 16" Alloy wheels 6 stud
- Gas struts assist setup
- Spare wheel
- 2 x jerry can holders
- 2x 4kg gas bottle holders
- 2 tonne ploy block tow hitch
- 4 x Stabilizing legs
- Swindle jockey wheel
- Stone guard
- Midge proof screens
- Enclosed Annex



# How to purchase club merchandise

You can purchase your club merchandise at general meetings or you can email our merchandise officer and have your items posted to you.

## If purchasing by email:

Make sure you include full details including your size where relevant.

Sean will advise availability and cost.

Contact Sean— 0414 158 412

Email— skdutoit@yahoo.com.au

Make payment to the club account – (purchase price plus \$10 postage)

The club bank account details are:

Account name: Central Coast Four Wheel Drive Club Incorporated

BSB: 082 620

Account: 622378649

See the full list of merchandise on the following page.



# Club Merchandise For Sale

Club clothing is a great way to promote our club and show your support for responsible 4WD driving and the clothing is good value.

Contact: Sean Du Toit – email—[skdutoit@yahoo.com.au](mailto:skdutoit@yahoo.com.au)

<b>Jacket</b> (polar fleece with emblem)	<b>\$40.00</b>
<b>Green sleeveless vest</b> (polar fleece with emblem)	<b>\$35.00</b>
<b>Club Shirt</b> (with Embroidered Club Logo)	<b>\$30.00</b>
<b>Long Sleeve Bisley Shirt</b> (with Embroidered Club Logo)	<b>\$45.00</b>
<b>Optional Extra</b> (with first Name only)	<b>POA</b>
<b>Wet Weather light-weight Jacket</b> (with Embroidered Club Logo)	<b>POA</b>
<b>Extra name plate badges</b> (new style)	<b>\$10.00</b>
<b>Baseball Caps</b> (with Embroidered Club Logo)	<b>\$15.00</b>
<b>Floppy Hats</b> (like Cricket hats with Embroidered Club Logo)	<b>\$18.00</b>
<b>Beanies</b> (with Embroidered Club Logo)	<b>\$15.00</b>
<b>Scarves</b> (with Embroidered Club Logo)	<b>\$18.00</b>
<b>Stubby Holders</b> (with Logo)	<b>\$5.00</b>
<b>Club Stickers</b>	<b>\$5.00</b>
<b>CC4WD Club Windscreen Stickers</b> Large	<b>\$20.00</b>
<b>CC4WD Club Windscreen Stickers</b> Medium	<b>\$12.00</b>
<b>CC4WD Club Windscreen Stickers</b> Short	<b>\$8.00</b>

**Our windscreen stickers are made by one of our club members, Chris Newbold and donated to the club. Thank you Chris!**

# This is Club 4X4 Country



You have arrived.  
You took that red dirt track,  
wheeled your way through the  
mud and battled the bulldust.

You find yourself a nice  
secluded patch to set up camp  
for the night, or maybe two –  
who knows. The awning is out  
and the rooftop tent is ready  
to lay your head later that  
night. The campfire is roaring  
and the Milky Way is beaming  
down at you. This is what it's  
all about right? Well you're  
not alone, this is what we're  
about too.

How often have you found  
yourself in this setting and  
considered what you would  
do if the worst were to happen  
to your kitted out 4X4?  
Take a moment to do that –  
we'll wait.

Would your insurance  
payout allow you to rebuild  
this dream? If your rig burnt  
to embers that night, how  
much would you be covered  
for? If you had an accident  
on that red dirt track,  
would your insurer cover  
you for driving there?

If you're not sure, head on over to Club 4X4  
country, we understand what you need.

Visit **CLUB4X4.COM.AU** or call **1800 CLUB 4X4** for a quote



\*An excess of \$500 will be applied to a claim under this cover, with a maximum of two (2) claims per policy year. A maximum limit of \$1000 also applies to any individual item. Read the PDS for more detail. \*\* This Additional benefit is subject to an excess of \$200 which will be applied and this benefit is limited to one (1) claim per policy period. Club 4x4 Pty Ltd is an Authorised Representative of the insurer, The Holland Insurance Company Pty Ltd, AFSL 241436. Any advice provided is general only. Consider the PDS at [www.club4x4.com.au](http://www.club4x4.com.au)

PROUD MEMBER OF



## Links to Handy Websites

[National Parks NSW](#)

[Forestry Corporation NSW](#) (State Forests)

[Live Traffic NSW](#)

[Rural Fire Service NSW](#)

[Bureau of Meteorology](#) (BOM)

[Without a Hitch - Advice on CB Radio Channels](#)

## Handy Phone apps

### ***Wikicamps***

a great app with photos and details of campsites contributed by campers

### ***BOM—Bureau of Meteorology***

Government weather app

### ***Memory Maps***

Shows off road tracks and allows you to create a track log that you can follow

### ***Hema Maps***

Shows off road tracks and allows you to create a track log that you can follow

### ***Fires Near Me NSW***

(there are equivalents in other states if you are venturing further afield)

### ***Google Maps***

Shows you where you are while on designated roads and can also show you traffic conditions but will not be reliable once you are in the bush

### ***NSW Incident Alerts***

(there are equivalents in other states)

### ***Fuel Map***

Guide to fuel locations

### ***Live Traffic NSW***



## **The Driver training unit is always looking for members to become trainers**

### **What's required:**

- **Patience and people skills**
- **First step is to complete Stage 1 and 2 of the club's driver awareness training.**
- **Next you you'll need to obtain your "official" Basic training certificate offered by the NSW 4WD association. You can also go on to do the Advanced Recovery certificate.**
- **The club can assist with the cost of these certificates and they are recognised Australia-wide qualifications.**
- **Although there are training sessions most months, you don't have to attend every single session.**

**Talk to Mark Roper for more information 0420 976 784**





## OUR CLUB WEBSITE

Click here to visit our club website [www.cc4wdc.org.au](http://www.cc4wdc.org.au)

The website is a great resource with information about our club as well as club magazines, upcoming trips, past trips, FAQ's and important and relevant club documentation.

There is also a members only area on the website. Please contact one of our committee members for the password. In this section, you can access a link to Club 4 x 4—our Club's preferred insurance provider where you will receive a discount on your insurance.

If you have anything you would like to contribute please email [publicity@cc4wdc.org.au](mailto:publicity@cc4wdc.org.au)

## CLUB FACEBOOK PAGE

Find us on 

Our Club Facebook page now has close to 1000 followers and is a great place to view recent club trips, videos, photos, tips, information about state forests and national parks. Just search on Facebook for Central Coast 4wd club and "Like" our page.

## CLUB FACEBOOK MEMBERS GROUP

This is a closed Facebook group that is only open to current financial members of our club. It is a great place to post your trip photos, have a general chat and discuss all things four wheel driving!.

To join, search for **CC4WDC members group** on Facebook and click the blue button "Join Group"

Your request to join will then be submitted for approval by one of the Admin team who will



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